



Rembrandt’s “Return of the Prodigal Son”

Resources for the Souls

The Favorite Lenten Books and Podcasts of our All Souls Community

Books

The Examen Prayer: Ignatian Wisdom for Our Lives Today

Timothy M. Gallagher

Submitted by Mary Baker: "A journey into the Ignatian practice of the Examen - become more aware of God's love for us through this practice."

Invitation to Solitude and Silence

Ruth Haley Barton

Submitted by Mary Baker: "Invitation is the key word for this book"

It Is Finished: Meditations on the Death of Jesus

Darrell W. Johnson

Submitted by Sarah Stanley: "This short book focuses on Good Friday and offers meditations on the significance of the cross."

The Jesus Prayer

Lev Gillet

Submitted by Cristy Marchis: "life changing."

Open Mind, Open Heart

Thomas Keating

Submitted by Matt Milliner: "This is a classic and accessible guide to the practice of Centering Prayer. There are other excellent ways of learning this method of prayer (Basil Penning's Centering Prayer is great), but this one is the most direct and disarming. Still, the point is to do it, not read about it!"

Prayer in the Night: For Those Who Work or Watch or Weep

Tish Harrison Warren

Submitted by Andrew Unger: "It's such an excellent reflection on God's presence alongside us in the difficult places."

Praying with Beads: Daily Prayers for the Christian Year

Nan Lewis Doerr and Virginia Stem Owens

Submitted by Mary Baker: "Try a new discipline this Lent using the Anglican prayer beads during Lent - prayer beads can be obtained here: unspokenelements.com"

Renovation of the Heart

Dallas Willard

Submitted by Sarah Stanley: "Willard writes practically about the very real hope we have in God's transformation of our whole beings."

The Return of the Prodigal Son

Henri Nouwen

Submitted by Sarah Stanley: "This little book is a beautiful meditation on Rembrandt's famous painting, and helps the reader identify with the characters of the parable--the younger son, the elder son and even the father."

Sanctuary of the Soul

Richard Foster

Submitted by Mary Baker: "This is a devotional more than a how to, if you are struggling with meditative prayer I highly recommend this book - his approach combines silence with lectio divina, I love this book."

The Way of the Heart

Henri Nouwen

Submitted by Mary Baker: "A classic of Henri Nouwen- this is a short, but dense devotional that will encourage you of the value of solitude, silence, and prayer - and beautifully written."

The Word in the Wilderness: A Poem a Day for Lent and Easter

Malcolm Guite

Submitted by Mary Baker: "A wonderful Lenten devotional featuring a daily devotion accompanied by a poem, poetry not just by Guite but also George Herbert, G.M. Hopkins, John Donne, to name just a few. Many in our community found hope in his companion book for Advent."

Young Children and Worship

Sonja Stewart & Jerome Berryman

Submitted by Jennifer Merck: "The parables we tell in Children's Worship are the Kingdom parables. They remind me of what the Kingdom of God is like: as small as a mustard seed that grows into a tree that becomes a resting place for the birds of the air, as precious as a pearl of great price, with as much potential as yeast in a handful of dough. I like being reminded every Lent of the potential God has built into the Body of Christ and the Kingdom He is ushering in -- already and not yet."

Apps/Podcasts/Websites

Centering Prayer Mobile App

Contemplative Outreach

Available in iTunes and Google Play

Submitted by Mary Baker: "It includes not only a timer, but prayers, inviting sounds, and scripture for guidance"

Pray as You Go Podcast

<https://pray-as-you-go.org/>

Submitted by Cristy Marchis: "No matter what busy-ness is distracting me, this 10 minutes helps me to let it go and listen to God."

The Presence Project Podcast

<https://thepresenceproject.libsyn.com/>

Submitted by Cristy Marchis: "Christian contemplative practices to promote spiritual and emotional healing."

Strengthening the Soul of Your Leadership Podcast

<https://transformingcenter.org/strengthening-the-soul-of-your-leadership-podcast/>

Submitted by Mary Baker: "Download Season 7 - Weekly podcasts offer a reflection for each week of Lent - the title is misleading - this is for everyone - and Ruth Barton always encourages me with a message of hope."