

INSTRUCTIONS *for* USE:

daily office prayers

in group or family settings:

The booklet has been designed for individual and group use. When praying by yourself use you may want to substitute a singular personal pronoun where there are plural, for instance use “I” rather than “we.” If praying together in a group setting the bold and unbolded text may be read alternating between a leader and a group or two groups. Prayers are intended to be read in unison, and Psalms and Canticles may be read either in unison or alternating verses between two groups or a group and a leader. The asterisk indicates where a pause (*a selah*) may take place.

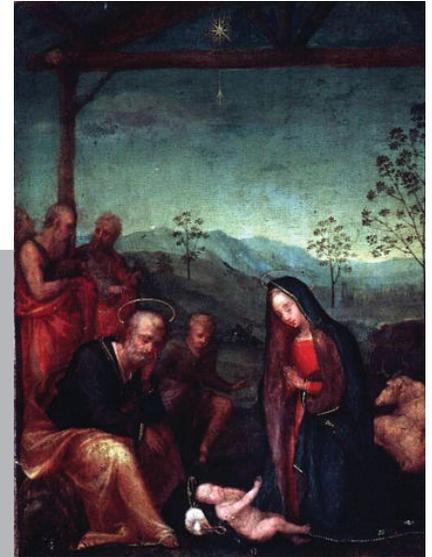
daily prayers and scripture readings

The weekly lectionary readings and the Collect for the Week can be found at allsouls.com/common-rule-prayer-resources/ in a printable format that also includes the daily community intercessions. You may also pray the prayers in this booklet with the daily readings on your computer or mobile device at the All Soul Daily Prayer website: liturgywith.us/seed42 .

advent

christmas

epiphany



anglican
daily office
prayers



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morning prayer

PREPARATION

Opening Sentence:

In the wilderness prepare the way of the Lord;
make straight in the desert a highway for our God.

O Lord, open our lips
and our mouth shall proclaim your praise.
Reveal among us the light of your presence
that we may behold your power and glory.

prayer of thanksgiving

Blessed are you, Sovereign God of all,
to you be praise and glory for ever.
In your tender compassion
the dawn from on high is breaking upon us
to dispel the lingering shadows of night.
As we look for your coming among us this day, open
our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.

opening prayer

The night has passed, and the day lies open before
us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

THE WORD *of* GOD

psalmody

Each psalm or group of psalms may end with:

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. *Amen.*

21 December – *O Oriens*

O Morning Star,
splendor of light eternal and sun of righteousness: Come and
enlighten those who dwell in darkness
and the shadow of death.
(Malachi 4.2)

22 December – *O Rex Gentium*

O King of the nations, and their desire, the cornerstone making
both one: Come and save the human race,
which you fashioned from clay.
(Isaiah 28.16; Ephesians 2.14)

23 December – *O Emmanuel*

O Emmanuel, our king and our lawgiver,
the hope of the nations and their Savior:
Come and save us, O Lord our God.
(Isaiah 7.14)

o antiphons

Since the early church, these Antiphons have been recited preceding the Magnificat during Evening Prayer in the special period known as the Octave before Christmas, Dec. 17-23. Each one highlights a title for the Messiah taken from the prophesy of Isaiah. They can be used as a group or individual meditation on the Incarnation, and incorporated into Morning or Evening Prayer before the Gospel Canticles.

17 December – *O Sapientia*

O Wisdom, coming forth from the mouth of the Most High, reaching from one end to the other mightily, and sweetly ordering all things:
Come and teach us the way of prudence.
(Ecclesiasticus 24.3; Wisdom 8.1)

18 December – *O Adonai*

O Adonai, and leader of the House of Israel, who appeared to Moses in the fire of the burning bush and gave him the law on Sinai:
Come and redeem us with an outstretched arm.
(Exodus 3.2, 24.12)

19 December – *O Radix Jesse*

O Root of Jesse, standing as a sign among the peoples; before you kings will shut their mouths, to you the nations will make their prayer:
Come and deliver us, and delay no longer.
(Isaiah 11.10, 45.14, 52.15; Romans 15.12)

20 December – *O Clavis David*

O Key of David and scepter of the House of Israel; you open and no one can shut; you shut and no one can open:
Come and lead the prisoners from the prison house, those who dwell in darkness and the shadow of death.

scripture reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence and this response:

Now it is time to awake out of sleep,

for the night is far spent and the day is at hand.

Now is our salvation nearer than when we first believed,

for the night is far spent.

Let us therefore cast off the works of darkness and put on the armour of light,

for the day is at hand.

Put on the Lord Jesus Christ

and make no provision for the flesh,

for the night is far spent and the day is at hand.

PRAYERS

intercessions are offered.

Silence is kept.

the collect of the week or the following is said

Almighty God, give us grace to cast away the works of darkness and to put on the armor of light, now in the time of this mortal life, in which your Son Jesus Christ came to us in great humility; that on the last day, when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

the lord's prayer is said

THE CONCLUSION

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

midday prayer

PREPARATION

O God, make speed to save us.

O Lord, make haste to help us.

If I climb up to heaven, you are there;

If I make the grave my bed, you are there also.

Psalm 139

praise

Saviour eternal,

life of the world unfailing,

light everlasting

and our true redemption.

Taking our humanity

in your loving freedom,

you rescued our lost earth

and filled the world with joy.

By your first advent justify us,

by your second, set us free:

that when the great light dawns

and you come as judge of all,

we may be robed in immortality

and ready, Lord, to follow

in your footsteps blest, wherever they may lead.

Salus Aeterna

THE WORD of GOD

psalms

Each psalm or group of psalms may end with:

Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. *Amen.*

Canticle for Evening Prayer or Compline

PHOS HILARON

O Gladsome Light

O gladsome light,

pure brightness of the everliving Father in heaven,*

O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,

and our eyes behold the vesper light,*

we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices,*

O Son of God, O Giver of Life,

and to be glorified through all the worlds.

Additional Advent Canticle/Reading

‘Behold, I am coming soon’, says the Lord,

‘and bringing my reward with me, *

to give to everyone according to their deeds.

‘I am the Alpha and the Omega, the first and the last, *
the beginning and the end.’

Blessed are those who do God’s commandments,

that they may have the right to the tree of life, *

and may enter into the city through the gates.

‘I, Jesus, have sent my angel to you, *

with this testimony for all the churches.

‘I am the root and the offspring of David, *

I am the bright morning star.’

‘Come!’ say the Spirit and the Bride; *

‘Come!’ let each hearer reply.

Come forward, you who are thirsty, *

let those who desire take the water of life as a gift.

Revelation 22.12-14,16,17

additional canticles + advent prayers

gospel canticle: morning prayer

THE BENEDICTUS (LUKE 1: 68-79)

Blessed be the Lord the God of Israel,
who has come to his people and set them free.

He has raised up for us a mighty
Savior, born of the house of his
servant David.

Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,

To show mercy to our ancestors,
and to remember his holy covenant.

This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,

Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of all their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of
death, and to guide our feet into the way of peace.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. *Amen.*

scripture reading

A Scripture reading from daily lectionary (optional)

The reading(s) may be followed by a time of silence and this response:

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

PRAYERS

intercessions are offered

Silence is kept.

the collect

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
every day of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever. *Amen.*

Richard Baxter (1691)

the lord's prayer is said

THE CONCLUSION

May God bless the work of our hands.
Let us bless His Name. *Amen.*

evening prayer

PREPARATION

Opening Sentence

Therefore stay awake—for you do not know when the master of the house will come, in the evening, or at midnight, or when the rooster crows, or in the morning—lest he come suddenly and find you asleep. *Mark 13: 35-36*

confession

Almighty and most merciful Father,
we have erred and strayed from your ways like lost sheep.
We have followed too much the devices and desires
of our own hearts.
We have offended against your holy laws.
We have left undone those things which we ought to have done,
and we have done those things which we ought not
to have done;
and apart from your grace, there is no health in us.
O Lord, have mercy upon us.
Spare all those who confess their faults.
Restore all those who are penitent, according to your promises
declared to all people in Christ Jesus our Lord.
And grant, O most merciful Father, for his sake,
that we may now live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

THE WORD *of* GOD

One or more readings or psalms appointed for the day are read, including or ending with:

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. *Matthew 11:28-30*

The Song of Mary

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
he has looked with favor on his lowly servant.
From this day all generations will call me blessed
The Almighty has done great things for me
and holy is his name.
He has mercy on those who fear him,
from generation to generation
He has shown strength with his arm
and has scattered the proud in their conceit,
Casting down the mighty from their thrones
and lifting up the lowly.
He has filled the hungry with good things
and sent the rich away empty.
He has come to the aid of his servant Israel,
to remember his promise of mercy,
The promise made to our ancestors,
to Abraham and his children for ever.
Glory to the Father and to the Son and to the Holy
Spirit; as it was in the beginning is now and shall be for
ever. Amen.

PRAYERS

thanksgiving may be made for the day.

intercessions are offered.

the collect

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. *Amen.*

the lord's prayer is said

THE CONCLUSION

Let us praise God through Jesus Christ, whose light
Conquers the darkness of our earthly night. *Amen.*