



lent

all souls anglican
daily office prayers

morning prayer

PREPARATION

O Lord, open our lips

and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love

According to your judgment give us life.

prayer of thanksgiving

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.

In the darkness of our sin,

your light breaks forth like the dawn

and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,

sustain us with your bountiful Spirit

and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

opening prayer

The night has passed, and the day lies open before us;

let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

THE WORD of GOD

psalmody

The appointed psalmody is said.

Each psalm or group of psalms ends with:

Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

canticle

A Song of the Word of the Lord

Seek the Lord while he may be found, *
call upon him while he is near;

Let the wicked abandon their ways, *
and the unrighteous their thoughts;

**Return to the Lord, who will have mercy; *
to our God, who will richly pardon.**

‘For my thoughts are not your thoughts, *
neither are your ways my ways,’ says the Lord.

‘For as the heavens are higher than the earth, *
so are my ways higher than your ways
and my thoughts than your thoughts.

‘As the rain and the snow come down from above, *
and return not again but water the earth,
Bringing forth life and giving growth, *
seed for sowing and bread to eat,

‘So is my word that goes forth from my mouth; *
it will not return to me fruitless,

‘But it will accomplish that which I purpose, *
and succeed in the task I gave it.’ *Isaiah 55.6-11*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

scripture readings

*One or more readings from the Daily Lectionary are read
The reading(s) may be followed by a time of silence and this response*

Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.

When you walk through fire, you shall not be burned.

I have called you by name; you are mine.

Glory to the Father and to the Son
and to the Holy Spirit.

Fear not, for I have redeemed you.

From Isaiah 43

Following the New Testament or Gospel Reading— the Gospel Canticle may be read, especially in group settings

gospel canticle: the benedictus (the song of zechariah)

Blessed be the Lord the God of Israel, *
who has come to his people and set them free.
He has raised up for us a mighty Saviour, *
born of the house of his servant David.
Through his holy prophets God promised of old *
to save us from our enemies,
from the hands of all that hate us,
To show mercy to our ancestors, *
and to remember his holy covenant.
This was the oath God swore to our father Abraham: *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.
And you, child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of all their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Luke 1.68-79

PRAYERS

thanksgivings and intercessions *are offered.*

Silence is kept.

the collect for lent *or collect of the week* *is said*

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

the lord's prayer *is said*

THE CONCLUSION

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

a brief order for midday prayer

praise

I bind unto myself today
the strong name of the Trinity,
by invocation of the same,
the Three in One, and One in Three.
Of whom all nature hath creation;
eternal Father, Spirit, Word:
Praise to the Lord of my salvation,
salvation is of Christ the Lord.

from St Patrick's Breastplate

THE WORD *of* GOD

psalms

a psalm or reading from the Daily Lectionary is read

PRAYERS

invocation

O God of peace, who hast taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of thy Spirit lift us, we pray thee, to thy presence, where we may be still and know that thou art God; through Jesus Christ our Lord. *Amen.*

Silence is kept.

thanksgivings and intercessions *may be offered.*

the lord's prayer *is said*

THE CONCLUSION

May God bless the work of our hands.
Let us bless His Name. *Amen*

compline: prayers to end the day

from the Iona Community

O God, for your love for us, warm and brooding,
which has brought us to birth and opened our eyes
to the wonder and beauty of creation,

We give you thanks

For your love for us, wild and freeing,
which has awakened us to the energy of creation:
to the sap that flows,
the blood that pulses,
the heart that sings.

We give you thanks

For your love for us, compassionate and patient,
which has carried us through our pain,
wept beside us in our sin,
and waited with us in our confusion.

We give you thanks

For your love for us, strong and challenging,
which has called us to risk for you,
asked for the best in us,
and shown us how to serve.

We give you thanks

O God we come to celebrate
that your Holy Spirit is present deep within us,
and at the heart of all life.
Forgive us when we forget your gift of love
made known to us in Jesus,
and draw us into your presence.

Silence and personal confession

Forgive us, O God,
wherever we have chosen to be, or do, or dare
less than you have asked of us;
and as we walk on in the desert with you
help us watch and wrestle with these things
so that we might choose differently in future.

Lord have mercy

Amen.

THE WORD *of* GOD

psalmody

*The appointed psalmody is said.
Each psalm or group of psalms may end with:*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. *Amen.***

scripture readings

A reading from the daily Lectionary is read

PRAYERS

We bring to God
someone whom we have met or remembered today
and for whom we want to pray:

We bring to God
someone who is hurting tonight and needs our prayer:

We bring to God
a troubled situation in our world tonight:

We bring to God, silently,
someone whom we find hard to forgive or trust:

We bring ourselves to God
that we might grow in generosity of spirit,
clarity of mind,
and warmth of affection:

We ask it for your own name's sake

Amen.

THE CONCLUSION

the nunc dimittis (*The Song of Simeon*)

Now, Lord, you let your servant go in peace:

your word has been fulfilled.

My own eyes have seen the salvation

which you have prepared in the sight of every people;

A light to reveal you to the nations

and the glory of your people Israel. *Luke 2.29-32*

Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. *Amen.*

We are placing our souls and our bodies

under your guarding this night, O Christ.

O Son of the tears, of the wounds, of the piercings,

May your cross this night be shielding all

Lighten our darkness, O lord we pray

In your love, O only Son, our Saviour Jesus Christ.

In the name of the Father, Son, and Holy Spirit,

Amen.



ADDITIONAL LENTEN PRAYERS FROM THE IONA COMMUNITY

a prayer for morning or noonday prayer:

O Christ, you are within each of us.

It is not just the interior of these walls:

it is our own inner being you have renewed.

We are your temple not made with hands.

We are your body.

If every wall should crumble, and every church decay,
we are your habitation.

Nearer are you than breathing,
closer than hands and feet.

Ours are the eyes with which you, in the mystery,
look out with compassion on the world.

Yet we bless you for this place,
for your directing of us, your redeeming of us,
and your indwelling.

Take us outside, O Christ, outside holiness,
out to where soldiers curse and nations clash
at the crossroads of the world.

So shall this building continue to be justified.

We ask it for your own name's sake.

Amen.

slow us down for the fast

Slow us down for the fast.

Still our restless spirits ...

Calm our racing minds ...

Centre our being ...

Let our longing linger.

Let it take root

and create a beautiful yearning space

that has the time to ache ...

Slow us down for the fast.

Silence the siren voices ...

Wait for our weary wanting

to meet our need and find common ground ...

Hold back the driving beat of our hearts

and let the drums of our internal wars fall silent ...

Slow us down for the fast.

Before the journey begins ...

Before the wanderlust calls us ...

Before the wilderness beckons

and breaks our searching spirits ...

Slow us down for the fast.

We ask it for your own name's sake.

Amen.

INSTRUCTIONS *for* USE:

daily office prayers

in group or family settings:

The booklet has been designed for individual and group use. Individually, you may want to substitute a singular personal pronoun where there are plural, for instance use “I” rather than “we.” In a group, the bold and unbolded text may be read alternating between a leader and a group or two groups. Prayers are intended to be read in unison. Psalms and Canticles may be read in unison or alternating verses between two groups or a group and a leader. The asterisk indicates where a pause (*a selah*) may take place.

Midday Prayer may be shortened to serve as a brief time of prayer before the noonday meal.

The order for *Evening Prayer* (to be read at sunset/early evening, especially in group settings) is available online or in a mobile application at: churchofengland.org/prayer-worship/join-us-in-daily-prayer.aspx

This booklet as well as a service for Evening Prayer is available for download or viewing on your mobile device at allsouls.com/DailyPrayer

scripture readings:

The Common Worship lectionary readings and the Collect for the Week will be found as an insert in your weekly Sunday bulletin. These Scriptures may be read at designated offices or you may choose one or more tracks of the continuous readings of an Old Testament, Epistle, and Gospel to follow throughout the season at your own appointed times. Intercessions for the week are on the reverse side.

You may prefer to use a different reading plan than the Common Worship lectionary, but a Gospel, Old Testament, and Epistle reading should be read each day, and a Psalm at each office.

If you would like to add simply the lectionary into the calendar on your desktop or mobile device, follow the instructions at this link: almanac.oremus.org/lectionary/2015.html

All the Common Worship Daily Offices and lectionary readings are available daily online or in downloadable mobile applications at: churchofengland.org/prayer-worship/join-us-in-daily-prayer.aspx



ALL SOULS
ANGLICAN CHURCH

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